

About the College

"Education is a liberating force, and in our age, it is also a democratizing force, cutting across the barriers of caste and class, smoothing out inequalities imposed by birth and other circumstances," asserted the great visionary and educationist Padmabushan Arutchelvar Dr. N. Mahalingam, Chairman of Sakthi Groups.

Emulating his vision, Dr. K. Vembanan, MBBS, MS, the Managing Trustee of Sowdamman Charitable Trust, firmly believes that "Education makes one more humane, independent, and perfect; it is the most powerful weapon for the upliftment of mankind." Together with his spouse, Dr. K. Gohila Vembanan, MBBS, DGO, they have undertaken significant initiatives to empower rural women by founding this institution as a temple of learning, based on strong values and principles.

About the Department

The PG Department of English holds a pioneering status in the history of Sakthi College of Arts and Science for Women, having been established concurrently with the college in 2009. Initially, the department played a crucial role in enhancing communicative competency among students pursuing undergraduate courses across various disciplines. In a short period, the department has demonstrated consistent progress in academic excellence and infrastructural development, catering to the linguistic and communicative requirements of its student community. Significant milestones in its academic evolution include the introduction of the MA English degree programme in 2010 and the M.Phil English in 2014. Efforts are ongoing to compile a registry of alumni who have excelled in diverse fields, supporting them in achieving their aspirations, and having them as exemplars for the students to emulate.

About the Conference

This conference seeks to explore how literature and the profession of Medical Science intersect with concepts of happiness, well-being, and resilience. In an era marked by rapid change and global challenges, stories have the power to heal, inspire, and foster human flourishing. Through interdisciplinary dialogues, the conference aims to bring together scholars, educators, researchers, and practitioners to examine narratives that promote mental wellness, emotional resilience, and the holistic development of individuals and communities. Key areas of discussion will include literary representations of happiness, the role of health humanities in understanding human suffering and care, narratives of resilience, and pathways to human flourishing in the 21st century.

NARRATIVES OF HAPPINESS AND WELL- BEING: LITERATURE AND CRITICAL HEALTH HUMANITIES

**17, 18 & 19
AUGUST 2026**



**SAKTHI COLLEGE OF ARTS AND
SCIENCE FOR WOMEN
ODDANCHATRAM, TAMIL NADU, INDIA**

Permanently Affiliated to
Mother Teresa Women's University, Kodaikanal
(Recognized under section 2(f) and 12(B) of UGC Act of 1958)
Accredited by NAAC with 'B+' (CGPA-2.73)

PG DEPARTMENT OF ENGLISH

in collaboration with

**All India Forum for English Students,
Scholars, and Trainers (AIFEST)**

**Virtual International
Conference**

DAY 1

Keynote Address



Prof. Marjan Nourhejabi

Instructor - Cultural Studies,
Translation and Health Humanities
University of Tehran, Iran

Plenary 1



Dr. Jasmine Fernandez

Assistant Professor
Department of English
Academic Assessment Lead Specialist
Department of Learning Outcomes
University of the People, CA, USA

DAY 2

Plenary 2



Dr. Chitra Sankaran

Professor of English
National University of Singapore

Plenary 3



Prof. Manu Mangattu

Visiting Professor of English
Research Consultant and Literary Critic
Hyderabad

DAY 3

Plenary 4



S/Lt Dr. K. Kanthimathi

Associate Professor of English
SDNB Vaishnav College for Women
Chennai, Tamilnadu

Plenary 5



Dr. Aravind B R

Associate Professor
Department of English
Kalasalingam Academy of Research
and Education
Virudhunagar, Tamilnadu

This Virtual International Conference on "Narratives of Happiness and Well-being: Literature and Critical Health Humanities" directly aligns with SDG 3: Good Health and Well-being and SDG 4: Quality Education.

By exploring literary and health humanities perspectives on happiness, care, and resilience, the conference promotes mental wellness, emotional strength, and holistic development. It emphasizes the role of stories and interdisciplinary dialogue in fostering empathy, healing, and human flourishing.

The conference also supports NEP 2020 goals by encouraging multidisciplinary learning that integrates literature, health, and human values to build a compassionate and resilient society in the 21st century.

Thrust Areas

1. Literature and Happiness Studies
2. Health Humanities and Narrative Medicine
3. Well-being, Mental Health and Psychological Resilience
4. Narratives of Care, Healing and Human Flourishing
5. Ecocriticism, Nature and Well-being
6. Resilience in Children's and Young Adult Literature
7. Gender, Society and Holistic Development
8. Digital Humanities, Well-being and 21st Century Skills
9. Pedagogies of Happiness and Wellness in Education
10. Other topics relevant to SDG Goals and NEP 2020

Paper Submission Guidelines

- Abstract: Original abstract not more than 150 words with 3-5 Keywords
- Full Paper: Not exceeding 3000 words
- Originality & Screening: All papers will undergo strict double-blind review process
- AI & Plagiarism Policy: AI detection should be 0% and similarity index should be below 12%. Papers exceeding these limits will be disqualified and will not be accepted for publication
- Formatting: Papers not adhering to the proper 9th MLA format will be rejected
- Alignment: Papers should align with the conference theme and support SDG goals and NEP 2020 vision
- Full Paper Submission is allowed ONLY between 25th August 2026 to 30th August 2026

Publication

- Selected papers will be published internationally as a double-blind peer reviewed edited e-book with ISBN by AIFEST
- Last date for Abstract Submission: 14.08.2026
- Intimation of acceptance: 15.08.2026
- Last date for full Paper submission: 30.08.2026
- Email id: enginternationalconference26@gmail.com

Certification

- E- Certificates of the conference will be sent to the participants and paper presenters within two weeks.
- A certificate of appreciation will be presented to the author(s) of the best paper.

Registration

Registration Fee (Including E- Publication)

Faculty	: Rs 1000
PG Students & Research Scholars	: Rs 500
Participants	: Rs 500
Co-authors	: Rs 500

Bank Account Details

Account Number	: 31188211304
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Registration QR



Registration Link:

<https://forms.gle/vMwqKhMP7APBrYHFA>

Last Date for Registration : 15th August

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Chairman
Sakthi Group of Institutions

Co Convenor

Dr. K. Gohila Vembanan, M.B.B.S., D.G.O.,
Vice Chairman
Sakthi Group of Institutions

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**"HAPPINESS IS PART OF WHO WE ARE.
JOY IS THE FEELING"**

- Tony Deliso